

0-11 YEARS

junior timetable

DISC

WEDNESDAY		
URBAN MOVES BREAKDANCING	P1 - P7	17:00 - 18:00
URBAN MOVES DANCE	P4 - P7	18:00 - 19:00
FRIDAY		
SOCCER CENTRE	P1 - P3	16:00 - 17:00
FUTSAL CENTRE	P4 - P7	17:00 - 18:00

DOUGLAS

THURSDAY		
FUTSAL CENTRE	P4 - P7	16:00 - 17:00
URBAN MOVES DANCE	P4 - P7	16:30 - 17:30
SOCCER CENTRE	P4 - P7	17:00 - 18:00
FRIDAY		
PRIMARY GYMNASTICS*	P1 - P4	15:45 - 16:45
PRIMARY GYMNASTICS*	P4 - P7	16:45 - 17:45
SATURDAY		
GENTLE & ACTIVE MOVERS	P7+	10:15 - 11:15

GROVE

FRIDAY		
PRIMARY NETBALL	P5 - P7	18:00 - 19:00

HARRIS

TUESDAY		
URBAN MOVES DANCE	P1 - P3	17:45 - 18:45
WEDNESDAY		
URBAN MOVES DANCE	P4 - P7	17:45 - 18:45
SATURDAY		
URBAN MOVES DANCE	P1 - P3	10:00 - 11:00
URBAN MOVES DANCE	P4 - P7	11:00 - 12:00

Bookings and Enquiries

Book via CONNECT online booking

Enquiries:

football@leisureandculturedundee.com
 urban.moves@leisureandculturedundee.com
 athletics@leisureandculturedundee.com
 gymnastics@leisureandculturedundee.com
 netball@leisureandculturedundee.com

General Enquiries:

leisureandsport@leisureandculturedundee.com

McTAGGART

MONDAY		
PRIMARY GYMNASTICS*	P1 - P4	16:00 - 17:00
PRIMARY TRAMPOLINING*	P1 - P4	16:00 - 17:00
PRIMARY GYMNASTICS*	P4 - P7	17:00 - 18:00
PRIMARY TRAMPOLINING*	P4 - P7	17:00 - 18:00
WEDNESDAY		
PRIMARY GYMNASTICS*	P1 - P4	16:00 - 17:00
PRIMARY GYMNASTICS*	P4 - P7	17:00 - 18:00
THURSDAY		
PRIMARY GYMNASTICS*	P1 - P4	16:00 - 17:00
PRIMARY GYMNASTICS*	P4 - P7	17:00 - 18:00

MENZIESHILL

TUESDAY		
PRIMARY GYMNASTICS*	P1 - P4	16:30 - 17:30
PRIMARY GYMNASTICS*	P4 - P7	17:30 - 18:30
WEDNESDAY		
SOCCER CENTRE	P1 - P3	16:00 - 17:00
SOCCER CENTRE	P4 - P7	17:00 - 18:00
CHEERDANCE	P1 - P4	17:00 - 18:00
CHEERLEADING FOR FUN	P5 - P7	18:00 - 19:00
SUNDAY		
SOCCER CENTRE	P1 - P7	11:00 - 12:00

ACTIVE TOTS

- Baby Massage (0-8 months)
- Baby Yoga (2 - 14 months)
- Baby Reflexology (2 months - 2 years)
- Oh Baby Fitness (2 months - 3 years)
- Family Gymtime (2 months - 5 years)
- Baby Gymtime (4 months - 18 mths)
- Water Play (6 months - 4 years)
- Messy Play (6 months - 5 years)
- Little Gymtime (12 months - 5 years)
- Little Movers (12 months - 5 years)
- Little Kickers (18 months - 3 years)
- Little Gymnasts (3 - 4 yrs)
- Mini Kickers (3 - 5 years)
- Preschool Badminton (3 - 5 years)
- Preschool Gymnastics (4 - 5 years)

Book via Class for Kids: <https://lacd.classforkids.io/>

Enquiries:

louise.bennett@leisureandculturedundee.com
 For current times and locations please visit the digital timetable and select 'Early Years'
www.leisureandculturedundee.com/leisure/timetable

Please note that all programmes are subject to change. Check online for the most up-to-date timetable: activedundee.co.uk/timetables.

Please contact the gymnastics team directly to enquire on availability of gymnastics & trampolining and make a booking. Activities at McTaggart Centre can not be booked directly via Connect.
 All information correct at the time of circulation Apr 2025.

RPC

MONDAY		
RUN, JUMP, THROW!	P1 - P4	16:00 - 17:00
RUN, JUMP, THROW!	P4 - P7	17:00 - 18:00
TUESDAY		
RUN, JUMP, THROW!	P4 - P7	16:00 - 17:00
PLAYER DEVELOPMENT - BOYS	2015's & 2016's	16:30 - 17:30
RUN, JUMP, THROW!	P4 - P7	17:00 - 18:00
WEDNESDAY		
RUN, JUMP, THROW!	P1 - P4	16:00 - 17:00
RUN, JUMP, THROW!	P4 - P7	17:00 - 18:00
THURSDAY		
RUN, JUMP, THROW!	P1 - P4	16:00 - 17:00
PLAYER DEVELOPMENT - GIRLS	2014's - 2016's	16:30 - 17:30
PRIMARY RACKET SPORTS	P1 - P3	16:45 - 17:45

ST PAUL'S

MONDAY		
URBAN MOVES DANCE	P1 - P3	17:45 - 18:45
URBAN MOVES DANCE	P4 - P7	18:45 - 19:45
SUNDAY		
URBAN MOVES DANCE	P1 - P3	11:30 - 12:30
URBAN MOVES DANCE	P4 - P7	12:30 - 13:30

ALL YEAR ROUND RACKET SPORTS

- Book to Play Badminton, Pickleball & Table Tennis
- Intro to Pickleball & Group Pickleball Sessions

SWIM

- Unlimited swimming at Olympia, Lochee Swimming & Leisure Centre, Grove, Harris and St Paul's Swim & Sport Centres including leisure swimming, Family Fun Swim sessions and lane swimming (from age 8)
- Learn to Swim programme (subject to availability)
- Register your interest online: activedundee.co.uk/activities/learn-swim
- Enquiries: aquaticactivities@leisureandculturedundee

Junior Memberships also include:

- 10% off entry to Camperdown Wildlife Centre** info@camperdownwildlifecentre.com
- 20% off group activities at Ancrum Outdoor Centre** ancrum.centre@leisureandculturedundee.com
- Discounted entry at Dundee Ice Arena to Public Skate and Learn to Skate sessions** info@dundeeicearena.co.uk